

Covid-19 (Coronavirus)



Help is available in Swaffham Bulbeck

These are strange times - the B1102 has never been as quiet, many of us have become experts on Zoom and Skype and WhatsApp is buzzing in Swaffham Bulbeck.

Swaffham Bulbeck Mutual Aid Group has been working efficiently since the 20th March and continues to expand. It was set up on 17th March by members of the community and representatives from local organisations including Bottisham Medical Practice. The leaflet '*Help is available in Swaffham Bulbeck*' was drawn up, printed free of charge by First Copy in Bottisham and distributed to all households within a few days.



The leaflet shows a key contact for every road in the village and includes their phone number if you require help (see below). Volunteers want to emphasise that they are really pleased to provide support so do not hesitate to ask! And don't hold back on what you ask for – if you need a BIG shop they are happy to do it. Shopping and collection of prescriptions have been the most popular services. Other services have included distribution of donations of potatoes, rhubarb and Easter Eggs (from Anglesey Abbey), searching for the illusive bread-making flour and specific pet requisites!

Swaffham Bulbeck *WhatsApp CV Response Group* is key to communicating at speed in the Swaffham Bulbeck Mutual Aid scheme.

Anyone can join the *WhatsApp CV Response Group* which enables you to request and offer help as well as share information, resources, frustrations and good things. You can leave at any point! To join: <https://tinyurl.com/SB-CV-chat>

Remember if you are not a high-tech user, a phone call to any of the key contacts listed below would be very welcome and set the ball rolling to meet your request.

Other mutual aid systems have sprung up around the village – neighbours helping neighbours, streets exchanging contact details and families supporting each other. It is hoped that everyone has someone they can turn to for help when it is needed. Our local shop has worked co-operatively and positively with requests to find possible solutions to issues as they arise.

Swaffham Bulbeck volunteers - below the age of 70 of course - can be seen dashing around the village on our behalf. They are a great credit to our village community!

Area	Contact	Phone number
Vicarage Close & Downing	Jane & Jamie Goodland	01223 813556

Court	Sophie Draper	
Park End	Amy Weatherup	07795 975075
Commercial End	Chris Skilton	01223 812515 07503 291862
Pound Way & Green Bank Road	Vicky Holland	07769 707179
Archer's Close, Mill Lane & Fen Lane	Nat	07548 100591
Maryland Avenue	Angie	07710 968927
Quarry Lane & Heath Road	Stefanie Watson	07961 292561
Frank Turner Court	Andrea Ingle	07887 565254 01223 813216
High Street from Park End to the Church	Amy Weatherup	07795 975075
High Street from the Church to Vicarage Close	Elizabeth Froy	07896 497367
High Street from Vicarage Close to the pub	Sophie Jamieson	07747 866100
Station Road	Sue Romero	01223 813635

Other sources of advice and support for our area can be found at:

➤ ***Newmarket Open Door Food Bank***

5 Craven Way,
Newmarket CB8 9AP

Tel: 01638 561711 Tel: 01638 660900

Access arranged by referral from Citizens Advice Bureau, Job Centre, GP Surgery or Social Services

Opening hours by appointment only: Tuesday, Thursday and Friday

Food Donations are collected at Swaffham Bulbeck shop and taken fortnightly on (1st and 3rd Thursdays of the month) by members of the local Church to the Food Bank.

For further information: <https://newmarketopendoor.org.uk/foodbank>

➤ www.cambridgeshire.gov.uk/coordinationhub

➤ www.eastcambs.gov.uk/content/covid-19-information-and-support

Sue Romero